



Continuous Tense -

worksheet

Practice time Now is your chance to use this grammar and make it your own.

Tell your own story.

Use the **present continuous tense** to talk about what you are doing now, or something you have started but not yet finished. Here are some questions to help you.

1. What are you doing now?
2. What book(s) are you reading?
3. What TV shows are you watching?
4. What **aren't** you doing?

*These questions are a guide, not a *limit*. Use any examples from your life.

Talk about the people or things in your life.

Use the simple present tense to describe your family, friends, or coworkers.

“My cat is **sleeping** now.”

“My brother is **helping** my Mom and my sister is **doing** her homework.”

You can print this PDF and write your answers on the pages below, or use your own notebook or computer, tablet, phone.

Have fun with this part of your lesson, it's all about *you!*

1. What is **your** Mom doing right now? (Change the **SUBJECT** - children, husband/wife)
2. Are **you** reading any books now? (Change the **SUBJECT** - classmate, coworker, children, husband/wife)
3. Are **you** playing any sports? **Remember - we can also use the present continuous tense if an action has started but not yet finished, even if the action is not happening at the time of speaking.** (Change the **SUBJECT** - classmate, brother, sister, children, friend[s])

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4. Are **you** focusing on this English quiz?

5. What **aren't you** doing right now? What **aren't you** doing these days? (Change the **SUBJECT** - use your imagination 🤔)

Write more examples.