



Idioms with COLD



A Cold Shower

An expression used when someone needs to calm down when something has made them feel sexually excited [SOURCE](#)

- I thought about calling my ex-girlfriend for a quick rendezvous, but I realized that doing that would only cause me headaches in the near future. Instead, I took a **cold shower** and went to bed.

Cold As Ice

1) Extremely cold.

- "I just finished shoveling the snow off my driveway and now my hands are as **cold as ice.**"

2) Distant and unfeeling. Showing no emotion

- "I think Janice is mad at me. I said hello this morning when I came to work but she was **cold as ice.** She didn't even look at me."

This is a popular song from 1977. The song is about a girl who has no feelings. Whenever I add a song to my blog posts I try to find a video with the lyrics so you can read as you listen. Enjoy :) [Cold As Ice - Foreigner](#)

Cold Call

Trying to get business from potential customers (sell them something) who have had no prior contact with the salesperson making the call.

- "Successful **cold calling** requires strong communication and persuasion skills."

Cold case

An unsolved crime or investigation that is no longer being actively pursued.

- "The police department reopened the cold case after new evidence surfaced."

Did you know? Cold Case was the name of a popular TV series about - "The Philadelphia homicide squad's lone female detective finds her calling when she's assigned "cold cases," older crimes that have never been solved." The show ran for 7 seasons. [IMDb link](#)

Cold comfort

Something that is not very comforting or helpful.

- "The apology was **cold comfort** for the damage they had done."

Cold feet

To become nervous or uncertain about something, such as a decision or commitment.

- "He got **cold feet** before his wedding and almost left the city. Luckily his best friend convinced him that everything will be okay. He told him that it's normal to get **cold feet** before getting married."

Cold hard cash

Physical bills or coins that you can hold in your hands. Nothing digital.

- "The store won't accept pay apps or even credit cards. Only **cold hard cash**."

You can learn 110 Idioms and expressions with money at my blog post here >>

<https://worldenglishblog.com/idioms-about-money>

Cold shoulder

To ignore or reject someone.

- "After their argument about her mother visiting for 3 weeks, Melanie has been giving Randy the **cold shoulder**. She won't even look at him."

Cold Storage

If something, usually food, is kept in cold storage, it is put in artificially cold conditions, usually to stop it from decaying. [SOURCE](#)

- Most large commercial fishing boats have **cold storage** on the ship to keep the fish fresh until they come back to land.

Cold Sweat

Perspiration (sweat) that feels chilly to the person who is sweating. This can be a sign of illness, shock, or the experiencing of an intense emotion such as despair, anxiety, or, especially, fear. https://en.wiktionary.org/wiki/cold_sweat

- Kelly woke up in the middle of the night in a **cold sweat**, feeling like she was being watched.

Cold war

A state of political tension and military rivalry between nations, typically without actual fighting.

- "The **Cold War** between the United States and the Soviet Union lasted from the end of World War II until the early 1990s."

Cold-Blooded

Lacking emotion. This Idiom's meaning is similar to **Cold as Ice**.

- The soldier was a **cold-blooded** killing machine who followed any order from his commanding officer.

*This is also used to describe creatures such as snakes, lizards, and fish that don't warm their bodies internally.

Cold-Hearted

Refers to a person who is unfeeling, unemotional, or lacking in compassion or kindness.

- "Despite his tough exterior, deep down he was a warm-hearted person, not **cold-hearted** as everyone thought."

Coldcock

This is a verb that means - To knock unconscious. [SOURCE](#)

- "Ian got **coldcocked** during a drunken bar fight."

Go Cold turkey

To give up (quit) a habit abruptly (suddenly) without stopping slowly, without reducing little by little.

- "Eric decided to become a vegetarian. He just stopped eating meat **cold turkey**."

You can do a deep dive into this expression with podcast audio at my blog post here >>

<https://worldenglishblog.com/english-idiom-go-cold-turkey/>

It'll Be A Cold Day In Hell

This is used to indicate that something is extremely unlikely to happen. Often used to express anger or disappointment with something.

- "That restaurant was terrible. **It'll be a cold day in hell** before I go back there."

Make One's Blood Run Cold

To cause fear or horror. When your blood runs cold you are often frozen in fear.

- Rob is terrified of heights, just the thought of skydiving **makes his blood run cold**.

Out Cold

This is used to describe a person who has lost consciousness or fallen asleep deeply.

- "The heavyweight contender was knocked **out cold** in the third round."
(*Unconscious*)

- “My son was so tired after playing all day that he was **out cold** soon as I put him to bed.” (*Sleeping deeply*)

Revenge Is A Dish Best Served Cold

This means that revenge is more satisfying when you get it after time has passed, rather than immediately. Especially after the object of your revenge has forgotten how they mistreated you and is taken by surprise.

- Malcolm knows that revenge may be sweet, but **it's a dish best served cold**. He would take his time and plan his revenge perfectly.

Stone Cold

This is used to describe someone who is unemotional, calm, or unfazed by events. This idiom is also used to describe someone's face or expression.

- “Thomas had a reputation for being **stone cold**, never showing any signs of emotion, even in the most stressful situations.”
- “His face was **stone cold** as a judge read the verdict.”

Weather Expressions

Cold front

This is a weather condition where colder air moves into an area where warmer air is present. https://en.wikipedia.org/wiki/Cold_front

- "A **cold front** is moving in this weekend, so wear warm clothes if you plan to spend time outside."

Cold Wave/Cold Snap/Cold Spell

A rapid fall in temperature within a 24-hour period. This weather condition is announced as a warning for people, animals, and plants that will be exposed to the sudden drop in temperature. https://en.wikipedia.org/wiki/Cold_wave

*The next 2 Cold Weather Idioms are a little bit rude. Viewer discretion is advised.

Cold Enough To Freeze The Balls Off A Brass Monkey / (As) Cold As A Witch's Tit

Extremely cold.

- “The weather forecast said today will be -28°. That's **cold enough to freeze the balls off of a brass monkey**.”
- “The weather forecast said today will be -28°. That's **as cold as a witch's tit**.”

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The second idiom can be made more family-friendly like this.

- “Make sure to dress warm today, I heard that it will be **as cold as a witch's kiss.**”



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